

## Brandywine Surgery Center

1224 Baltimore Pike Suite 100

Chadds Ford, PA 19317

(610) 459-1559

Dear \_\_\_\_\_,

In preparation for your upcoming surgery at Brandywine Surgery Center please look over the following instructions well in advance. You may call Libby – the Administrator & Surgical Coordinator at (302) 584-8408 with any questions related to the instructions, surgery, or finances.

Your surgery is scheduled for \_\_\_\_\_. We will contact you **one week** prior to your surgery date to tell you what time to **arrive** at the Brandywine Surgery Center. Please remember that cosmetic surgery is an art, therefore, consider your stay at the surgery center to be for most of the day and that there will most likely be a wait. The time you are given is the time to **arrive only**, this is not your surgery start time. We try to minimize the wait as best as possible, but your surgery & those before you can never be rushed. We appreciate your patience and understanding. Please arrive at the time given for preparation and to avoid additional Operating Room, anesthesia, & nursing fees.

### PRE-OPERATIVE INSTRUCTIONS:

- Have your **lab work done within 2 months of surgery** and faxed to Dr. Saunders at (610) 459-8010.
- Have your prescriptions that are given to you by Dr. Saunders at your pre-operative appointment filled and make sure to **BRING ALL OF THESE MEDICATIONS WITH YOU ON THE DAY OF YOUR SURGERY.**
- **Discontinue all** aspirin products, Motrin, ibuprofen, Advil, and oral Vitamin E for **2 weeks** prior to your surgery. Please take only Tylenol products or your prescribed medications with Dr. Saunders approval during this time period.
- Discontinue hormones and birth control **2 weeks** prior to surgery.
- Stop smoking at least **4 weeks** prior to surgery. Also stop any recreational or social drug use at least 4 weeks prior. Marijuana, cocaine, and other drugs can have potentially fatal reactions with the anesthesia. Also decrease or eliminate the use of alcohol.
- **DO NOT EAT OR DRINK** (including water, gum, mints, or hard candy) **from midnight prior to your procedure.** Doing so would cause cancellation of your surgery which will result in the loss of your global fee. Please see the cancellation policy below. **Initial Here**
- Women must be certain they are not pregnant. If pregnancy is a possibility, please contact the the office immediately.
- If you are having facial surgery, you should plan to have your hair colored, permed, or processed just before your surgery date, as these treatments must be delayed after surgery for about 1 month.

### DAY OF SURGERY:

- Take a shower and wash your hair before coming to the surgery. Do not put any lotions or creams on your face or body.
- Do not wear any makeup or fingernail polish.
- Remove contacts, glasses, and dentures prior to surgery.
- Please leave all jewelry & valuables at home. The Brandywine Surgery Center is not responsible for lost items.
- Wear hair simply combed back with no hair pins or barrettes.
- Wear loose clothing such as: pants with elastic or drawstring waist, shirts that zip or button all the way up the front, and shoes that are easy to slip in and out of. Please do not wear tight fitting clothing. (Sweatpants and zippered sweatshirts are excellent)
- **Someone must drive you home from surgery and should stay with you the first night at home.** Your designated person is *not* required to stay at the facility during the procedure however; we do request a cell phone number your designated person will be available on to reach them while you are at our facility.
- Post-operative instructions regarding dressing, activity, medications, and office visits will be given to you individually following your surgery. **Most surgeries do require a post-operative appointment the day after your surgery, please plan to make travel arrangements to come in for this appointment.**

**\*\*\*Canceling your surgery within 30 days of your operative date will result in the loss of your deposit plus 50% of your global surgical fee. Operations canceled within 14 business days of surgery will result in no refund of your global surgical fee. Canceled operations incur this expense because nurses and anesthesia must still be paid.** **Initial Here**

For surgeries requiring a post-operative compression garment: you will be provided one on the day of your surgery. If you desire additional garments after surgery, they can be purchased at the office.

Thank you for your attention to these instructions. We look forward to taking outstanding care of you in our personal and warm environment here at the Brandywine Surgery Center.

Sincerely,

Dr. Christopher Saunders, MD and the Brandywine Surgery Center Staff